# **DRUG DELIVERY DEVICE** TRENDS FOR 2022

In this article, Tom Oakley, Director of Drug Delivery Device Development, Springboard, looks at some of the current trends in the drug delivery industry and projects some of the key factors that will influence drug delivery decision making in 2022.

The drug delivery industry depends on innovation, and keeping abreast of the latest trends can help us predict the future. Springboard is in the privileged position of being at the centre of many of the most exciting drug delivery device developments and has compiled the following list of top trends for 2022.

#### CONTINUED COVID-19 DIVIDEND

Countries around the world are still struggling to manage waves of covid-19 infections. The highly infectious Omicron variant has undone some of the progress made by the vaccination campaigns conducted in the wealthier economies. Nevertheless, the suffering and disruption brought by covid-19 has led to some profound changes and benefits for the healthcare industry, which Springboard has termed "the covid-19 dividend" (Figure 1).

Before covid-19, political leaders may have considered vaccine strategy to be primarily concerned with public health. However, the continuing threat of covid-19 "We can be confident that funding into vaccine development, and the devices to deliver vaccines, will continue to be high for the foreseeable future."

is likely to remind them of the vital role healthcare plays in national security and economic welfare too. National governments and supranational organisations, such as the European Union, seem to announce new vaccine procurement deals almost daily.

The US Vaccines National Strategic Plan (published on January 19, 2021) says that "there remains a significant need for new and improved vaccines and vaccination strategies, such as the development of new vaccines against vector-borne diseases, a more broadly protective universal influenza



Figure 1: The ongoing covid-19 crisis has led to some profound beneficial changes in the healthcare industry, which Springboard has termed "the covid-19 dividend".



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vaccine, and improved strategies for maternal immunisation. Developing new vaccines includes modernising the [US] domestic vaccine enterprise to be highly responsive, flexible, and scalable; improving capacity for agile and rapid responses to emerging influenza threats; and developing more broadly protective vaccines."<sup>1</sup> Therefore, we can be confident that funding into vaccine development, and the devices to deliver vaccines, will continue to be high for the foreseeable future.

Vaccines are not the only area of healthcare in great demand due to covid-19 and the heightened awareness of other potential pandemics that has come with it. Diagnostics (point of care and laboratory), critical care equipment and personal protective equipment are likely to benefit strongly from the covid-19 dividend too.

### RENEWED DEMAND FOR RE-USABLE DEVICES

Many categories of drug delivery device can be developed as either:

#### 1. Disposable

2. Part re-usable and part disposable (Figure 2).





There seems to be a trend whereby pioneering devices tend to be partly re-usable, after which wholly disposable versions appear and take a share of the market. Examples include:

 Pen injectors, where the earliest model (NovoPen, Novo Nordisk) was re-usable and then disposable models (FlexPen, Novo Nordisk; SoloSTAR, Sanofi; KwikPen, Eli Lilly; FlexTouch, Novo Nordisk; etc) appeared.

"Many of the devices Springboard is being asked to develop at the moment suggests that the pendulum is swinging back towards partly re-usable devices." • Dry powder inhalers, where the earliest models (Aerohaler, Boehringer Ingelheim; Spinhaler, Fisons; etc) were re-usable<sup>2</sup> and then disposable models (Turbuhaler, AstraZeneca; Diskus, GSK; Ellipta, GSK; NEXThaler, Chiesi; etc) appeared.

Many of the devices Springboard is being asked to develop at the moment suggest that the pendulum is swinging back towards partly re-useable devices. Drivers are likely to include:

- Patients and other stakeholders are becoming more sensitive to the environmental impact, especially from plastic waste, of fully disposable devices. Sustainability is discussed in more detail below.
- The current generation of devices tends to be more complicated and costly than the previous generation. For example, on-body injectors are likely to have more components and mechanisms, and therefore have a higher built-in cost than prefilled syringes, safety systems and autoinjectors. The economics of fully disposable devices sets an upper limit on their cost.
- Many new devices have a "connectivity" aspect. The electronics and batteries that are typically involved lend themselves to re-usable modules.

#### LAUNCH OF MORE RECYCLING SCHEMES

Used drug delivery devices often create biohazard waste that needs to be incinerated and typically some plastic waste as well. Pharmaceutical companies and device manufacturers are looking for ways to reduce the waste going to landfill, and one of the strategies is return-tomanufacturer schemes.

GSK ran a return-to-manufacturer scheme for its inhalers from 2011 to 2020. Sources indicate that takeup was not as high as GSK wanted, although more than two million inhalers were recycled by the scheme. GSK has said that it "believes there needs to be a focus on a wider, joint-working approach across industry, rather than our own standalone approach."<sup>3</sup> "Pharmaceutical companies and device manufacturers are looking for ways to reduce the waste going to landfill, and one of the strategies is return-tomanufacturer schemes."

Nevertheless, some manufacturers are piloting new schemes, for example:

- Novo Nordisk's PenCycle pilot was launched on November 1, 2021. If successful, it could be expanded to cover the whole of the UK and could recycle many of the 2.5 million FlexPen and FlexTouch devices sold in the UK each year.<sup>4</sup>
- Chiesi's inhaler recycling scheme started in February 2021 and covers any inhaler from any manufacturer. It could reduce the waste caused by the 73 million inhalers prescribed each year in the UK.<sup>5</sup>

We can expect to see more recycling schemes announced in 2022 if these pilots are successful.

"There have been some innovations over recent years, such as using nitrogen dioxide, but it takes time to validate processes, adapt designs for new sterilisation methods and overcome the risk aversion that is pervasive in the pharmaceutical industry."

### NOVEL STERILISATION TECHNOLOGIES

Ethylene oxide and gamma irradiation methods account for the majority of medical device sterilisation. However, ethylene oxide has a relatively long cycle time (including aeration time to reduce sterilant concentration) and the sterilant is explosive and carcinogenic. On the other hand, gamma radiation can damage materials, turning transparent materials yellow or brown, and crosslinking certain useful engineering polymers such as polytetrafluoroethylene (PTFE) and polypropylene. Gamma radiation can also damage drugs and electronics, and a global shortage of cobalt-60 is limiting capacity.<sup>6</sup>

# ABOUT THE AUTHOR

Tom Oakley leads engineering and scientific teams developing new injection devices, pumps and inhalers. He has been the named inventor on dozens of patents throughout his 20 years' experience in industry. Mr Oakley is a regular speaker at various international conferences on innovation and medical device development, and mentors engineering and MBA students on innovation and device development at the Cambridge University Engineering Department and the Judge Business School (Cambridge, UK). He read Engineering at Cambridge University before becoming the Choate Fellow in Human Physiology and Pathology at Harvard University (MA, US).

There have been some innovations over recent years, such as using nitrogen dioxide (Noxilizer, MD, US), but it takes time to validate processes, adapt designs for new sterilisation methods and overcome the risk aversion that is pervasive in the pharmaceutical industry. However, demand for alternative sterilisation methods will persist through 2022 and beyond.

#### SUMMARY

More than at any other time, in 2022, the world recognises the need for high quality, accessible and sustainable healthcare. We are likely to see remarkably high levels of investment in vaccines, diagnostics, critical care, personal protective equipment and reducing environmental impact.

If you have questions or would like to discuss any points, please do not hesitate to contact the author.

## ABOUT THE COMPANY

Springboard specialises in developing devices from concept to manufacture for regulated markets. The company is expert at creating innovative yet robust designs and solving difficult technical problems quickly. Springboard does not have internal projects so it is as fast and cost effective as possible, and the intellectual property belongs to its clients.

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